

Hello, my name is Yuni. I am from Indonesia and I am a PhD student in the School of Public Health at Taipei Medical University. I am doing a research project on migrant well-being in Taiwan, and I need your help to fill out this questionnaire. This research is sponsored by the Ministry of Science and Technology, Taiwan, and results from this survey can be useful for improving the lives for international migrant workers. This survey is anonymous and no personal identification information is asked. The questionnaire can be answered in Indonesian, Vietnamese, Thai, and English. If you know of other international workers, please ask them to fill out the questionnaire as well. Thank you for your participation and your help

Part A

A1 Gender :

1. Male
2. Female

A2 How old are you?

1. ≤ 24 years
2. 25-29 years
3. 30-34 years
4. 35-39 years
5. ≥ 40 years

A3 What is your highest education level?

1. Elementary School or less
2. Junior High School
3. Senior High School/Senior Vocational School
4. College
5. Graduate studies
6. Other

A4 What is your marital status?

1. Single
2. Married
3. Divorced
4. Other;

A5 Do you have children?

1. Yes
2. No

A6 How often do you contact with your families?

1. On most days
2. Once or twice a week
3. Once or twice a month
4. Less often than once a month
5. Never

A7 What is your religion?

1. No religion
2. Buddhist
3. Christian or Catholic
4. Muslim
5. Other; please provide a brief description _____

A8 How long have you been in Taiwan? ____ years and ____ months

A9 Where are you from?

1. Indonesia
2. Thailand
3. Vietnam
4. Philippine
5. Other; _____

A10 Where do you work in Taiwan ? (by regions)

1. Northern (Taipei, New Taipei, Keelung, Taoyuan, Hsinchu, Yilan)
2. Central (Miaoli, Taichung, Changhua, Nantou, Yunlin)
3. Southern (Chiayi, Tainan, Kaohsiung, Pingtung, Penghu)
4. Eastern (Hualien, Taitung)

A11 What is your type of work ?

1. Domestic helper / caregiver
2. Construction worker
3. Agricultural worker
4. Manufacture worker
5. Care provider in institutions
6. Others

A12 How many days a week do you work?

1. 5 days
2. 6 days
3. 7 days
4. Other; _____

A13 How many hours a day do you work?

1. Less than 8 hours
2. 8-10 hours
3. 10+ hours
4. Domestic worker (unspecified hours)
5. Other; _____

A14 In day to day life, how well can you communicate with local people?

1. Very well
2. Fairly well
3. Average
4. Not well

A15 What was your average monthly salary?

1. < NT\$ 30,000
2. NT\$ 30,000 – 50,000
3. > NT\$ 50,000

A16 Do you have any people who depend on you for financial support?

1. Yes
2. No

If No, please skip questions no A.17, A.18

A17 How many people depending on you to send your money in your home country? _____

A18 How often do you sent money home?

1. Every week
2. Every month
3. Less often
4. Never

Part B

B1 While in Taiwan, was there ever a time that you felt you needed medical help (examination or treatment) but you did not receive it?

1. Yes
2. No

If Yes, the participants who reported that they had an unmet need were further asked to report the reasons

B2 Why?

1. Could not afford to pay
2. Did not know if the social security fund covered
3. Distance
4. Professional help not available at the time required
5. Waiting too long
6. Did not know where to get help
7. Did not trust doctors/services
8. Too busy
9. Negligence
10. Other

B3 Are you familiar with antibiotics?

1. Yes
2. No

If Yes, what are some of names of Antibiotics that you have used before.

B4. Name of th antibiotics

1. amoxicilline
2. ampicilline
3. ciprofloxacine
4. cephadroxine
5. Not sure

B5 Have you used antibiotics during the past 6 months?

1. Yes
2. No

B6 Did you ever use antibiotics without medical prescription while in Taiwan?

1. Yes
2. No

If yes, What was the reasons for using antibiotics?

B7 What was the reason?

1. Fever
2. Wound
3. Diarrhea
4. Not feel well in general
5. Others

B8 Where did you get the antibiotics from?

1. Friends
2. Employer
3. Pharmacy counter
4. Others

Part C

C1 In general, are you satisfied with your personal living environment in Taiwan?

1. Very satisfied
2. Satisfied
3. Neutral
4. Unsatisfied
5. Very unsatisfied

If unsatisfied or very unsatisfied,

C2 Why?

1. Too small
2. Too dirty
3. No view
4. Too many people sharing the room
5. Too far away from shops

C3 Are you allowed to go out on your own at your free time?

1. Yes
2. No

C4 Do you have a bicycle?

1. Yes
2. No

C5 Do you have a motorcycle?

1. Yes
2. No

C6 How would you describe your relationship with your employer?

1. Great
2. Good

3. Fair
4. Bad
5. Very Bad

C7 Have you ever had a bad experiences with your employer ?

1. Yes
2. No

If the answer is Yes,

C8 what kind of bad experiences do you have ?

1. Arguments
2. Verbal abuse
3. Physical abuse
4. Bullying
5. Sexual abuse

Part D

D1 On average, how many hours per day do you spend on the Internet?

1. Less than 1 hour
2. 1 hours ~ 2 hours
3. 2 hours ~ 5 hours
4. More than 5 hours

D2 How many people do you usually contact via internet everyday? _____

D3 How often do you speak to neighbours (face-to-face) ?

1. On most days
2. Once or twice a week
3. Once or twice a month
4. Less often than once a month
5. Never

D4 Do you have any difficulty practicing in your religion and cultural?

1. No difficulty
2. Some difficulty
3. A lot of difficulty
4. Unable

D5 How many Taiwanese local friends do you have? _____

Part E

Please read each question, assess your feelings, and choose the number on the scale for each question that gives the best answer for you.

E1 How would you rate your quality of life?

1. Very poor
2. Poor
3. Neither poor nor good
4. Good
5. Very good

E2 How satisfied are you with your health?

1. Very dissatisfied

2. Dissatisfied
3. Neither satisfied nor dissatisfied
4. Satisfied
5. Very satisfied

The following questions ask about **how much** you have experienced certain things in the last two weeks (**Questions E3-E9**). Using the 1-5 scale below :

1. Not at all
2. A little
3. A moderate amount
4. Very much
5. An extreme amount

E.3 To what extent do you feel that physical pain prevents you from doing what you need to do?

E.4 How much do you need any medical treatment to function in your daily life?

E.5 How much do you enjoy life?

E.6 To what extent do you feel your life to be meaningful?

E.7 How well are you able to concentrate?

E.8 How safe do you feel in your daily life?

E.9 How healthy is your physical environment?

The following questions ask about **how completely** you experience or were able to do certain things in the last two weeks (**Questions E10-E14**). Using the 1-5 scale below :

1. Not at all
2. A little
3. A moderate amount
4. Very much
5. An extreme amount

E.10 Do you have enough energy for everyday life?

E.11 Are you able to accept your bodily appearance?

E.12 Have you enough money to meet your needs?

E.13 How available to you is the information that you need in your day-to-day life?

E.14 To what extent do you have the opportunity for leisure activities?

E.15 How well are you able to get around healthiness?

1. Very poor
2. Poor
3. Neither Poor nor good
4. Good
5. Very good

The following questions ask you to say how **good or satisfied** you have felt about various aspects of your life over the last two weeks (**Questions E16-E25**). Using the 1-5 scale below :

1. Very dissatisfied
2. Dissatisfied
3. Neither satisfied nor dissatisfied
4. Satisfied
5. Very satisfied

E.16 How satisfied are you with your sleep?

- E.17 How satisfied are you with your ability to perform your daily living activities?
- E.18 How satisfied are you with your capacity for work?
- E.19 How satisfied are you with yourself?
- E.20 How satisfied are you with your personal relationships?
- E.21 How satisfied are you with your sex life?
- E.22 How satisfied are you with the support you get from your friends?
- E.23 How satisfied are you with the conditions of your living place?
- E.24 How satisfied are you with your access to health services?
- E.25 How satisfied are you with your transport?

The following question refers to **how often** you have felt or experienced certain things in the last two weeks

E.26 How often do you have negative feelings such as blue mood, despair, anxiety, depression?

1. Never
2. Seldom
3. Quite often
4. Very often
5. Always

Part F

Below is a list of the ways you might have felt or behaved. Please tell me how often you have felt this way during the past week. Using the 1-5 scale below, indicate your agreement with each item. Please be open and honest in your responding.

1. Rarely or none of the time (Less than 1 day)
2. Some or a little of the time (1-2 days)
3. Occasionally or a moderate amount of time (3-4 days)
4. Most or all of the time (5-7 days)

During the past week :

- F.1 I was bothered by things that usually don't bother me
- F.2 I had trouble keeping my mind on what I was doing
- F.3 I felt depressed
- F.4 I felt that everything I did was an effort
- F.5 I felt hopeful about the future
- F.6 I felt fearful
- F.7 My sleep was restless
- F.8 I was happy
- F.9 I felt lonely
- F.10 I could not get "going."

Part G

In your day-to-day life, how often do any of the following things happen to you? Using the 1-6 scale below :

1. Almost everyday
2. At least once a week
3. A few times a month
4. A few times a year

5. Less than once a year
6. Never

Measure :

- G.1 You are treated with less courtesy than other people are
- G.2 You are treated with less respect than other people are
- G.3 You receive poorer service than other people at restaurants or stores
- G.4 People act as if they think you are not smart
- G.5 People act as if they are afraid of you
- G.6 People act as if they think you are dishonest
- G.7 People act as if they're better than you are.
- G.8 You are called names or insulted
- G.9 You are threatened or harassed

Part H

H.1 Would you recommend others to come and work in Taiwan ?

1. Yes
2. No

H.2 If possible, please feel free to let us know how to improve the lives for international workers in Taiwan. Thank you?

**Thank you for your participation to filling out the questionnaire,
Please share this questionnaire with your friends.**